

# Le 3ème Jamgon Kongtrul Rinpoche

Date	Pays / Lieu	Titre	Traduction	Temps	Lien de téléchargement
<b>Autriche</b>					
24.10.1987	Salzburg	Belehrung: Mahamudra - Basis, Weg und Frucht	Deutsch	Teil 1	82' <a href="https://vimeo.com/456847686">https://vimeo.com/456847686</a>
24.10.1987		Belehrung: Mahamudra - Basis, Weg und Frucht	Deutsch	Teil 2	77' <a href="https://vimeo.com/457260203">https://vimeo.com/457260203</a>
26.10.1987		Belehrung: Mahamudra - Basis, Weg und Frucht	Deutsch	Teil 3	80' <a href="https://vimeo.com/457484708">https://vimeo.com/457484708</a>
28.10.1987	Graz	Belehrung: Der stufenweise Weg des Vajrayana	Deutsch		81' <a href="https://vimeo.com/457537867">https://vimeo.com/457537867</a>
29.10.1987		Belehrung: Die vier Dharmas von Gampopa	Deutsch		112' <a href="https://vimeo.com/423989624">https://vimeo.com/423989624</a>
31.10.1987	Wien	Belehrung: Lama, Yidam und Schützer	Deutsch	Teil 1	78' <a href="https://vimeo.com/457722858">https://vimeo.com/457722858</a>
01.11.1987		Belehrung: Lama, Yidam und Schützer	Deutsch	Teil 2	83' <a href="https://vimeo.com/457848791">https://vimeo.com/457848791</a>
<b>Suisse</b>					
24.11.1987	Genève	Enseignement : La nature de l'esprit	Français		56' <a href="https://vimeo.com/458535829">https://vimeo.com/458535829</a>
24.11.1987		Enseignement : La méditation avec l'esprit	Français		80' <a href="https://vimeo.com/458677305">https://vimeo.com/458677305</a>
25.11.1987		Enseignement : Développer l'esprit d'éveil	Français		68' <a href="https://vimeo.com/458989135">https://vimeo.com/458989135</a>
<b>Nepal</b>					
06.03.1988	Pullahari	Ceremony: Pullahari Land Consecration			27' <a href="https://vimeo.com/375134221">https://vimeo.com/375134221</a>
<b>Malaisie</b>					
17.07.1988	Seremban	Ceremony: Stupa Consecration			11' <a href="https://vimeo.com/459079567">https://vimeo.com/459079567</a>
17.07.1988		Ceremony: Teaking refuge / Chenrezig Lung Empowerment: White Umbrella	Englisch		48' <a href="https://vimeo.com/459327975">https://vimeo.com/459327975</a>
17.07.1988		Teaching: The importance of compassion in Buddhist practice	Englisch		5' <a href="https://vimeo.com/459367828">https://vimeo.com/459367828</a>
18.07.1988	Melaka	Teaching: The Vajrayana Path	Englisch		69' <a href="https://vimeo.com/433415651">https://vimeo.com/433415651</a>
19.07.1988		Empowerment: Vairapani, Hayagriva and Garuda	Englisch		42' <a href="https://vimeo.com/459465219">https://vimeo.com/459465219</a>
20.07.1988		Offering Puja and Teaching: Guru Rinpoche	Englisch		51' <a href="https://vimeo.com/459530869">https://vimeo.com/459530869</a>
22.07.1988	Batu Pahat	Ceremony: Refuge / Empowerment: Manjushri	Englisch		59' <a href="https://vimeo.com/459694344">https://vimeo.com/459694344</a>
23.07.1988	Kluang	Teaching: The Vajrayana Path	Englisch		78' <a href="https://vimeo.com/459761885">https://vimeo.com/459761885</a>

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	<b>Malaisie</b>				
23.07.1988		Ceremony: Land Consecration		11'	<a href="https://vimeo.com/459856217">https://vimeo.com/459856217</a>
24.07.1988		Empowerment, Teaching and Lung: Manjushri	Englisch	60'	<a href="https://vimeo.com/460089653">https://vimeo.com/460089653</a>
25.07.1988		Ceremony and Teaching: Bodhisattva Vow	Englisch	39'	<a href="https://vimeo.com/460129425">https://vimeo.com/460129425</a>
25.07.1988	Kluang	Empowerment: Vairapani, Hayagriva and Garuda	Englisch	33'	<a href="https://vimeo.com/460160978">https://vimeo.com/460160978</a>
26.07.1988	Johore Bharu	Offering Puja and Empowerment: Milarepa	Englisch	81'	<a href="https://vimeo.com/456652546">https://vimeo.com/456652546</a>
28.07.1988	Kuala Lumpur	Teaching: Bardo Empowerment	Englisch	Part 1	60' <a href="https://vimeo.com/460322780">https://vimeo.com/460322780</a>
29.07.1988		Teaching: Bardo Empowerment	Englisch	Part 2	70' <a href="https://vimeo.com/460719960">https://vimeo.com/460719960</a>
30.07.1988		Empowerment Preparation Ceremony and Teaching: Bardo	Englisch	50'	<a href="https://vimeo.com/461066675">https://vimeo.com/461066675</a>
31.07.1988		Empowerment and Teaching: Bardo	Englisch	153'	<a href="https://vimeo.com/461810677">https://vimeo.com/461810677</a>
07.08.1988	Ipoh	Teaching: The three Yanas	Englisch	47'	<a href="https://vimeo.com/389969120">https://vimeo.com/389969120</a>
10.08.1988	Cameron Highlands	Teaching: The Mahamudra Prayer and Meditation instructions	Englisch	Part 1	93' <a href="https://vimeo.com/438207047">https://vimeo.com/438207047</a>
10.08.1988		Teaching: The Mahamudra Prayer	Englisch	Part 2	62' <a href="https://vimeo.com/438649532">https://vimeo.com/438649532</a>
11.08.1988		Teaching: The Mahamudra Prayer	Englisch	Part 3	47' <a href="https://vimeo.com/439015781">https://vimeo.com/439015781</a>
11.08.1988		Teaching: The Mahamudra Prayer and Meditation instructions	Englisch	Part 4	63' <a href="https://vimeo.com/439350985">https://vimeo.com/439350985</a>
12.08.1988		Teaching: The Mahamudra Prayer	Englisch	Part 5	72' <a href="https://vimeo.com/439687936">https://vimeo.com/439687936</a>
12.08.1988		Teaching: The Mahamudra Prayer and Meditation instructions	Englisch	Part 6	58' <a href="https://vimeo.com/439767706">https://vimeo.com/439767706</a>
13.08.1988		Teaching: The Mahamudra Prayer and Meditation instructions	Englisch	Part 7	65' <a href="https://vimeo.com/440028492">https://vimeo.com/440028492</a>
13.08.1988		Teaching: The Mahamudra Prayer	Englisch	Part 8	50' <a href="https://vimeo.com/440336303">https://vimeo.com/440336303</a>
14.08.1988		Teaching: The Mahamudra Prayer and Meditation instructions	Englisch	Part 9	61' <a href="https://vimeo.com/440749795">https://vimeo.com/440749795</a>
14.08.1988		Puja: The Mahamudra Prayer		9'	<a href="https://vimeo.com/440996801">https://vimeo.com/440996801</a>
14.08.1988		Puja: Mahakala		33'	<a href="https://vimeo.com/441773623">https://vimeo.com/441773623</a>
	<b>Indonésie</b>				
18.08.1988	Jawa	Documentary: Pilgrimage to Borobudur		14'	<a href="https://vimeo.com/380551393">https://vimeo.com/380551393</a>

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	<b>USA</b>				
	New York	<b>Second Annual Conference on Buddhism and Psychotherapy</b>			
07.10.1988		Conference Opening	Englisch	85'	<a href="https://vimeo.com/392823443">https://vimeo.com/392823443</a>
08.10.1988		Workshop: Relative Truth, Absolute Truth: Psychotherapy and the Buddha Dharma	Englisch	134'	<a href="https://vimeo.com/392774850">https://vimeo.com/392774850</a>
09.10.1988		Conclusion: Reflections on Psychotherapy and the Growth of American Buddhism	Englisch	105'	<a href="https://vimeo.com/392830486">https://vimeo.com/392830486</a>
	<b>Canada</b>				
12.10.1988	Montreal	Public Teaching: The Tradition of Enlightenment	Englisch	76'	<a href="https://vimeo.com/393016621">https://vimeo.com/393016621</a>
		Conférence publique: La Tradition de L'éveil	Français	52'	<a href="https://vimeo.com/393024990">https://vimeo.com/393024990</a>
13.10.1988		Teaching: The four Dharmas of Gampopa	Englisch	Part 1 86'	<a href="https://vimeo.com/393139834">https://vimeo.com/393139834</a>
		Enseignement: Les quatre Dharmas de Gampopa	Français	Partie 1 56'	<a href="https://vimeo.com/393248533">https://vimeo.com/393248533</a>
14.10.1988		Teaching: The four Dharmas of Gampopa	Englisch	Part 2 69'	<a href="https://vimeo.com/394012637">https://vimeo.com/394012637</a>
		Enseignement: Les quatre Dharmas de Gampopa	Français	Partie 2 44'	<a href="https://vimeo.com/395423069">https://vimeo.com/395423069</a>
15.10.1988		Teaching: The four Dharmas of Gampopa	Englisch	Part 3 65'	<a href="https://vimeo.com/393463735">https://vimeo.com/393463735</a>
		Enseignement: Les quatre Dharmas de Gampopa	Français	Partie 3 48'	<a href="https://vimeo.com/396278511">https://vimeo.com/396278511</a>
15.10.1988		Teaching: The four Dharmas of Gampopa	Englisch	Part 4 82'	<a href="https://vimeo.com/393795807">https://vimeo.com/393795807</a>
		Enseignement: Les quatre Dharmas de Gampopa	Français	Partie 4 56'	<a href="https://vimeo.com/396319574">https://vimeo.com/396319574</a>
16.10.1988		Teaching and Blessing Empowerment: Bardo	Englisch	110'	<a href="https://vimeo.com/394518300">https://vimeo.com/394518300</a>
		Enseignement et Initiation de Bénédiction: Bardo	Français	86'	<a href="https://vimeo.com/396481875">https://vimeo.com/396481875</a>
	<b>USA</b>				
22.10.1988	San Francisco	Teaching: Bardo - Conquering Fear, Facing Death, Blissful Awakening	Englisch	Part 1 86'	<a href="https://vimeo.com/404770858">https://vimeo.com/404770858</a>
22.10.1988		Teaching: Bardo - Conquering Fear, Facing Death, Blissful Awakening	Englisch	Part 2 85'	<a href="https://vimeo.com/404796341">https://vimeo.com/404796341</a>

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	<b>USA</b>					
23.10.1988	San Francisco	Teaching: Bardo - Conquering Fear, Facing Death, Blissful Awakening	Englisch	Part 3	94'	<a href="https://vimeo.com/404929088">https://vimeo.com/404929088</a>
23.10.1988		Teaching: Bardo - Conquering Fear, Facing Death, Blissful Awakening	Englisch	Part 4	65'	<a href="https://vimeo.com/404939758">https://vimeo.com/404939758</a>
29.10.1988	Aptos	Teaching: Uniting Relative and Ultimate Truth	Englisch	Part 1	80'	<a href="https://vimeo.com/387486188">https://vimeo.com/387486188</a>
		Teaching: Uniting Relative and Ultimate Truth	Englisch	Part 2	82'	<a href="https://vimeo.com/387941607">https://vimeo.com/387941607</a>
03.11.1988	San Francisco	Teaching: Rime: The Two Eyes of Wisdom that See as One	Englisch		73'	<a href="https://vimeo.com/404742219">https://vimeo.com/404742219</a>
04.11.1988	Berkeley	Teaching: The Seven Point Mind Training of Atisha	Englisch	Part 1	47'	<a href="https://vimeo.com/414789137">https://vimeo.com/414789137</a>
05.11.1988		Teaching: The Seven Point Mind Training of Atisha	Englisch	Part 2	76'	<a href="https://vimeo.com/414796915">https://vimeo.com/414796915</a>
06.11.1988		Teaching: The Seven Point Mind Training of Atisha	Englisch	Part 3	57'	<a href="https://vimeo.com/414807807">https://vimeo.com/414807807</a>
08.11.1988	Palo Alto	Public Teaching: Kindness in Action	Englisch		85'	<a href="https://vimeo.com/414825696">https://vimeo.com/414825696</a>
08.11.1988		Teaching: Realising Shunyata	Englisch		10'	<a href="https://vimeo.com/414202376">https://vimeo.com/414202376</a>
11.11.1988	Los Angeles	Documentary: Rinpoche Painting Calligraphy	Englisch		11'	<a href="https://vimeo.com/376371951">https://vimeo.com/376371951</a>
12.11.1988		Teaching: Mindfulness and Awareness	Englisch	Part 1	66'	<a href="https://vimeo.com/414551237">https://vimeo.com/414551237</a>
13.11.1988		Teaching: Mindfulness and Awareness	Englisch	Part 2	49'	<a href="https://vimeo.com/414715811">https://vimeo.com/414715811</a>
17.11.1988		Teaching: Treasury of Knowledge	Englisch	Part 1	85'	<a href="https://vimeo.com/419825073">https://vimeo.com/419825073</a>
18.11.1988		Teaching: Treasury of Knowledge	Englisch	Part 2	102'	<a href="https://vimeo.com/419832483">https://vimeo.com/419832483</a>
19.11.1988		Teaching: Treasury of Knowledge	Englisch	Part 3	115'	<a href="https://vimeo.com/419840468">https://vimeo.com/419840468</a>
		Teaching: Treasury of Knowledge	Englisch	Part 4	68'	<a href="https://vimeo.com/419850430">https://vimeo.com/419850430</a>
27.12.1988	Woodstock	Teaching: Mahamudra: Ground, Path and Fruition	Englisch	Part 1	78'	<a href="https://vimeo.com/406550260">https://vimeo.com/406550260</a>
29.12.1988		Teaching: Mahamudra: Ground, Path and Fruition	Englisch	Part 2	73'	<a href="https://vimeo.com/406557667">https://vimeo.com/406557667</a>
31.12.1988		Teaching: Mahamudra: Ground, Path and Fruition	Englisch	Part 3	118'	<a href="https://vimeo.com/409737450">https://vimeo.com/409737450</a>
01.01.1989		Documentary: Eye Opening of the Buddha Statue	Englisch		72'	<a href="https://vimeo.com/409529387">https://vimeo.com/409529387</a>
01.01.1989		Teaching and Empowerment: Gampopa	Englisch		80'	<a href="https://vimeo.com/409937600">https://vimeo.com/409937600</a>

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	<b>Espagne</b>	<b>Kalachakra Empowerment</b>			
01.-11.08 1989	San Sebastian	Documentary: Kalachakra Empowerment	Englisch	137'	<a href="https://vimeo.com/463601328">https://vimeo.com/463601328</a>
		Documental: Iniciación de Kalachakra	Español	141'	<a href="https://vimeo.com/493015053">https://vimeo.com/493015053</a>
03.08.1989		Teaching: Kalachakra	Englisch	Part 1 82'	<a href="https://vimeo.com/350828387">https://vimeo.com/350828387</a>
		Enseñanzas: Kalachakra	Español	Parte 1 95'	<a href="https://vimeo.com/356136574">https://vimeo.com/356136574</a>
04.08.1989		Teaching and Ceremony: Bodhisattva	Englisch	89'	<a href="https://vimeo.com/353422424">https://vimeo.com/353422424</a>
		Enseñanzas y toma de votos: Bodhisattva	Español	97'	<a href="https://vimeo.com/353457639">https://vimeo.com/353457639</a>
07.08.1989		The seven Empowerments of childhood	Englisch	204'	<a href="https://vimeo.com/351354023">https://vimeo.com/351354023</a>
		Las siete Iniciaciones de la infancia	Español	206'	<a href="https://vimeo.com/351473959">https://vimeo.com/351473959</a>
08.08.1989		The three superior and the inner Empowerment	Englisch	80'	<a href="https://vimeo.com/351589125">https://vimeo.com/351589125</a>
		Las tres Iniciaciones superiores y la Iniciación Interior	Español	82'	<a href="https://vimeo.com/351644863">https://vimeo.com/351644863</a>
10.08.1989		Teaching: Kalachakra	Englisch	Part 2 66'	<a href="https://vimeo.com/353557986">https://vimeo.com/353557986</a>
		Enseñanzas: Kalachakra	Español	Parte 2 82'	<a href="https://vimeo.com/353646552">https://vimeo.com/353646552</a>
11.08.1989		Teaching: Mahamudra	Englisch	50'	<a href="https://vimeo.com/353830568">https://vimeo.com/353830568</a>
		Enseñanzas: Mahamudra	Español	56'	<a href="https://vimeo.com/353864479">https://vimeo.com/353864479</a>
	<b>France</b>				
25.07.1990	Dordogne	Belehrung: Das Rufen des Lama aus der Ferne	Deutsch	Teil 1 58'	<a href="https://vimeo.com/429359685">https://vimeo.com/429359685</a>
		Enseignement: L'appel au Lama de loin	Français	Partie 1 72'	<a href="https://vimeo.com/432250670">https://vimeo.com/432250670</a>
		Teaching: Calling the Lama from afar	Tibetan	Part 1 34'	<a href="https://vimeo.com/481364937">https://vimeo.com/481364937</a>
25.07.1990		Teaching: Right view and relationship with the Guru	Englisch	13'	<a href="https://vimeo.com/435448156">https://vimeo.com/435448156</a>
26.07.1990		Belehrung: Das Rufen des Lama aus der Ferne	Deutsch	Teil 2 58'	<a href="https://vimeo.com/481774719">https://vimeo.com/481774719</a>
		Enseignement: L'appel au Lama de loin	Français	Partie 2 71'	<a href="https://vimeo.com/432262257">https://vimeo.com/432262257</a>
		Teaching: Calling the Lama from afar	Tibetan	Part 2 30'	<a href="https://vimeo.com/481768816">https://vimeo.com/481768816</a>
26.07.1990		Belehrung: Das Rufen des Lama aus der Ferne	Deutsch	Teil 3 75'	<a href="https://vimeo.com/483018163">https://vimeo.com/483018163</a>
		Enseignement: L'appel au Lama de loin	Français	Partie 3 77'	<a href="https://vimeo.com/483046081">https://vimeo.com/483046081</a>
		Teaching: Calling the Lama from afar	Tibetan	Part 3 39'	<a href="https://vimeo.com/483063584">https://vimeo.com/483063584</a>

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	<b>France</b>				
27.07.1990	Dordogne	Belehrung: Das Rufen des Lama aus der Ferne Enseignement: L'appel au Lama de loin Teaching: Calling the Lama from afar	Deutsch Teil 4 Français Partie 4 Tibetan Part 4	81' 88' 41'	<a href="https://vimeo.com/486574023">https://vimeo.com/486574023</a> <a href="https://vimeo.com/486593268">https://vimeo.com/486593268</a> <a href="https://vimeo.com/486604719">https://vimeo.com/486604719</a>
29.07.1990		Belehrung: Das Rufen des Lama aus der Ferne Enseignement: L'appel au Lama de loin Teaching: Calling the Lama from afar	Deutsch Teil 5 Français Partie 5 Tibetan Part 5	83' 92' 44'	<a href="https://vimeo.com/487381626">https://vimeo.com/487381626</a> <a href="https://vimeo.com/487393176">https://vimeo.com/487393176</a> <a href="https://vimeo.com/487435920">https://vimeo.com/487435920</a>
30.07.1990		Belehrung: Der Fingerzeig auf den Dharmakaya Enseignement: Le doigt qui montre le Dharmakaya Teaching: The finger pointing to the Dharmakaya	Deutsch Teil 1 Français Partie 1 Tibetan Part 1	70' 81' 38'	<a href="https://vimeo.com/434038378">https://vimeo.com/434038378</a> <a href="https://vimeo.com/487656164">https://vimeo.com/487656164</a> <a href="https://vimeo.com/436460499">https://vimeo.com/436460499</a>
31.07.1990		Belehrung: Der Fingerzeig auf den Dharmakaya Enseignement: Le doigt qui montre le Dharmakaya Teaching: The finger pointing to the Dharmakaya	Deutsch Teil 2 Français Partie 2 Tibetan Part 2	75' 92' 39'	<a href="https://vimeo.com/434790987">https://vimeo.com/434790987</a> <a href="https://vimeo.com/488041154">https://vimeo.com/488041154</a> <a href="https://vimeo.com/436454376">https://vimeo.com/436454376</a>
01.08.1990		Belehrung: Der Fingerzeig auf den Dharmakaya Enseignement: Le doigt qui montre le Dharmakaya Teaching: The finger pointing to the Dharmakaya	Deutsch Teil 3 Français Partie 3 Tibetan Part 3	62' 63' 30'	<a href="https://vimeo.com/435356374">https://vimeo.com/435356374</a> <a href="https://vimeo.com/490211748">https://vimeo.com/490211748</a> <a href="https://vimeo.com/436446371">https://vimeo.com/436446371</a>
02.08.1990		Belehrung: Der Fingerzeig auf den Dharmakaya Enseignement: Le doigt qui montre le Dharmakaya Teaching: The finger pointing to the Dharmakaya	Deutsch Teil 4 Français Partie 4 Tibetan Part 4	65' 78' 38'	<a href="https://vimeo.com/436204842">https://vimeo.com/436204842</a> <a href="https://vimeo.com/490447826">https://vimeo.com/490447826</a> <a href="https://vimeo.com/436422697">https://vimeo.com/436422697</a>
03.08.1990		Belehrung: Der Fingerzeig auf den Dharmakaya Enseignement: Le doigt qui montre le Dharmakaya Teaching: The finger pointing to the Dharmakaya	Deutsch Teil 5 Français Partie 5 Tibetan Part 5	70' 63' 70'	<a href="https://vimeo.com/436765312">https://vimeo.com/436765312</a> <a href="https://vimeo.com/436888178">https://vimeo.com/436888178</a> <a href="https://vimeo.com/436888178">https://vimeo.com/436888178</a>
04.08.1990		Belehrung: Der Fingerzeig auf den Dharmakaya Enseignement: Le doigt qui montre le Dharmakaya Teaching: The finger pointing to the Dharmakaya	Deutsch Teil 6 Français Partie 6 Tibetan Part 6	85' 94' 48'	<a href="https://vimeo.com/437359678">https://vimeo.com/437359678</a> <a href="https://vimeo.com/491745980">https://vimeo.com/491745980</a> <a href="https://vimeo.com/437381132">https://vimeo.com/437381132</a>
Août 1990		Documentary: Recording a Fundraising Video	Englisch	5'	<a href="https://vimeo.com/411692556">https://vimeo.com/411692556</a>

# Le 3ème Jamgon Kongtrul Rinpoche

Date	Pays / Lieu	Titre	Traduction	Temps	Lien de téléchargement
<b>Suisse</b>					
12.04.1991	Bern	Öffentlicher Vortrag: Die Natur des Geistes Conférence publique: La nature de l'esprit	Deutsch Français	58' 50'	<a href="https://vimeo.com/271831690">https://vimeo.com/271831690</a> <a href="https://vimeo.com/273086883">https://vimeo.com/273086883</a>
13.04.1991		Gespräch: Organisation der Schweizer Zentren Discussion: L'organisation des centres suisses	Deutsch Français	66' 65'	<a href="https://vimeo.com/271495627">https://vimeo.com/271495627</a> <a href="https://vimeo.com/271558655">https://vimeo.com/271558655</a>
13.04.1991		Zeremonie: Zuflucht Cérémonie: Refuge	Deutsch Français	23' 21'	<a href="https://vimeo.com/271912061">https://vimeo.com/271912061</a> <a href="https://vimeo.com/272749130">https://vimeo.com/272749130</a>
13.04.1991		Einweihung: Manjushri Initiation: Manjushri	Deutsch Français	33' 32'	<a href="https://vimeo.com/272844462">https://vimeo.com/272844462</a> <a href="https://vimeo.com/272949434">https://vimeo.com/272949434</a>
14.04.1991		Zeremonie: Bodhisattva Gelübde Belehrung: Grundlage, Weg und Ziel der Praxis Cérémonie: Veu Boddhisattva Enseignement: Base, chemin et objectif de la pratique	Deutsch Deutsch Français	51'  42'	<a href="https://vimeo.com/273934258">https://vimeo.com/273934258</a>  <a href="https://vimeo.com/274125081">https://vimeo.com/274125081</a>
14.04.1991		Einweihung: Karmapa Heruka Initiation: Karmapa Heruka	Deutsch Français	76' 71'	<a href="https://vimeo.com/274365557">https://vimeo.com/274365557</a> <a href="https://vimeo.com/274906238">https://vimeo.com/274906238</a>
<b>Nepal</b>					
1994+1997	Pullahari	Documentary: The Return of the Jamgon Kongtrul Rinpoche		73'	<a href="https://vimeo.com/376214685">https://vimeo.com/376214685</a>